

Name: Tamanna Saxena

Email Address: saxena.tamanna@gmail.com

Contact Number :

Professional Title/Occupation: Assistant Professor, Child Development Expert

Organisation:

Amity Institute of Psychology and Allied Sciences, Amity University Uttar Pradesh, Noida

Address of Organisation/Practice:

Professional Qualifications: Pursuing PhD in Psychology, M.Sc Child Development

Courses undertaken in Play Therapy: Play Therapy as a Counselling Tool (ongoing)

Details of any other relevant qualifications/courses taken in the field:

Certificate in Guidance, Specialization in Early Childhood Education

Currently undergoing supervision in current practice: Yes

Ages catered for: Children and Adolescents

Services offered: Talk Sessions on Understanding Play Therapy, Counselling

Personal Profile:

Ms. Tamanna Saxena is an Assistant Professor with Amity Institute of Psychology and Allied Sciences for last Ten Years. She has an experience of more than 16 years. Before joining Amity, She has been teaching at University of Delhi, NIPCCD, Ministry of Women and Child Development. Along with that she has worked on Research Projects of WHO, University of Minnesota, U.S.A.

Being a Child Development expert, her areas of Interest are Moral Development, Cognition, Spirituality, Play and Play Therapy in Children. She is presently pursuing her PhD in Psychology on the topic "Spirituality and Wisdom as predictors for Moral Development in Adolescents" from Amity University Uttar Pradesh Noida. She is UGC-NET qualified.

During her experience of sixteen years, she has conducted various Workshops, Trainings for Teachers, Parents, Children and Adolescents. Along wise she has been a part of the Consultancy Project- Career Testing & Counseling for class Xth students of Amity International Schools. She has been on the Scientific Board of Research Conferences. Along with that she has presented Research Papers in various National and International Conferences and has published chapters in Books.

Her motto in life is "Don't Ever Limit Yourself. We can go as far as our mind lets us. What We Believe, we can achieve."