

Name: Ms Shambhavi Singh

Email Address: singhshambhavi.90@gmail.com

Contact Number : 8373910721

Professional Title/Occupation:

Child and Adolescent Psychologist, Arts based Therapy Practitioner/ Currently School Counselor

Organisation: Mercedes-Benz International School

Address of Organisation/Practice:

P-26, MIDC Phase 1, Rajeev Gandhi Infotech Park, Hinjewadi, Pune, Maharashtra 411057

Professional Qualifications: MSc. Atypical Child Development

Courses undertaken in Play Therapy:

Play Therapy Level 1

Details of any other relevant qualifications/courses taken in the field:

Arts Based Therapy Course in therapy practices using different mediums of Arts (Music, games, Visual Arts)

Currently undergoing supervision in current practice: No

Ages catered for: 3 years - 25 years

Services offered:

- Play Therapy, Arts Based Therapy
- Individual sessions and Group sessions. Workshops and Adult Training for Child/Adolescent Issues.
- Expertise in ADHD, Social Communication Disorder, High Functioning Autism and Anxiety
- Special focus on social skills, behaviour modification, Sexuality Relationship Education and parent training
- Work as Child Protection Officer in school to safeguard children from abuse.

Personal Profile:

With the focus on Child and Adolescent concerns, my practice involves leading by the symptoms presented, not the label.

Having being trained in using a wide range of mediums, namely; Music, Games, Visual Arts, Stories, Videos, Movement and Sensory Material, allows me to create a safe space and meet the client exactly where they are ready to start and let them take the lead in their healing process. I believe in the potential of each life in front of me and simply act as an anchor for them to grow and be empowered.