

Name: Anusha Tyagi

Email Address: anushatyagi@yahoo.in

Contact Number : +919811513788

Professional Title/Occupation: Expressive Arts Therapist & Play Therapy practitioner

Organisation:

Address of Organisation/Practice: New Delhi

Professional Qualifications:

Masters in Counselling Psychology, B.A in Psychology

Courses undertaken in Play Therapy:

Completed Play Therapy Level 1 & 2 and undergoing an Intensive Play Therapy course (EMOTICONS, India)

Details of any other relevant qualifications/courses taken in the field:

Certified Expressive Arts based Therapist by CID-UNESCO and Fortis Healthcare

Currently undergoing supervision in current practice: Yes

Ages catered for: Children, Adolescents, Adults and Geriatric population too

Services offered:

IPD and OPD work in hospital where I take one-to-one Counselling Sessions, Art therapy sessions, group sessions, play therapy for behavioural issues and psychological distress etc.

Personal Profile:

My name is Anusha Tyagi. I have completed my masters in Counselling Psychology and I'm certified by CID-UNESCO and Fortis in Expressive Arts based Therapy. I am currently working as Art based Therapist at a leading hospital. I believe Art making has inherent healing powers and have been using different Art modalities such as Art, Music, Dance, Play etc. with children, adults and elderly experiencing a wide range of emotional distress, psychological disorders and to ensure their psychological well being. I have been conducting workshops for leading schools and organisations to create psychological awareness and promote mental wellbeing

